



"Over 60 years of "People Helping People"

February 2018

The Lake Chapala Society

www.lakechapalasociety.com

From the President Generous Gift to LCS

On December 20, 2017, The Lake Chapala Society received a very generous gift from the estates of Irene B. Chiara and Edith B. Kvalik for \$175,000 USD. The executor of these estates, Sandra Burhop, designated \$100,000 for the LCS Financial Aid Fund and \$75,000 for the Capital Campaign for the revitalization of the LCS Campus.

Ms. Burhop stated, "On behalf of Irene and Edith I am very pleased to make this contribution to The Lake Chapala Society. They were both committed to education and I am convinced LCS will be a responsible steward of these funds."

The LCS will use this generous gift to expand its financial aid program to help students attend college, and to help LCS to build modern classrooms to expand its popular, free English as a Second Language program.

Gifts like these enable us to expand our services to the Mexican community. I encourage you to consider adding LCS to your will to help us expand our mission and help improve the quality of life for everyone living at Lakeside through our education programs.

The Ajijic Society of the Arts (ASA) 7th Annual Open Studios Tour - Sat. - Sun., Feb. 10 - 11 from 10 a.m. to 4 p.m.

ASA has generously supported the LCS Children's Art Program (CAP) for many years. In addition, many ASA members lead or take part in the annual Summer Art Camp held each July.

ASA donates half of the proceeds from the Open Studios Tour booklet sales to the LCS Children's Art Program.

Tickets can be purchased at the LCS ticket sales area until Friday, February 9, from 10 a.m. to 12 p.m. Tickets can also be purchased during the Open Studios Tour at any of the participating studios.

Lake Chapala Society will be hosting seven ASA artists on its grounds. They will be demonstrating their techniques, as well as exhibiting and selling their art. Some children from the CAP Program will also be exhibiting.

Chapala Expat Info Fair February 27, 10 AM - 1 PM

The U.S. Consulate in Guadalajara is organizing a consular information fair-PLUS, for lakeside expats.

Details are still in the works at the time of printing. The intention is to invite the Canadian consulate and others including Mexican Immigration, DIF, *Transito*, etc, to share information in a fair like format, where you can visit their booths and ask questions and receive answers.

Follow us on Facebook for up to date information.

LCS HEALTH DAY

Monday, February 19, 2018

10:00 - 1:30

Shots (pay the day administered – prices subject to change)
Patio area: 10:00-1:30, NO sign-up required for Flu or Pneumonia shots

*Note: MUST SIGN UP for Zostavax, Typhoid, and Hepatitis series shots in LCS office. Zostavax, Typhoid, & Hepatitis series **cannot** be taken with any other shot

*Note: Flu & Pneumonia may be taken together

Flu	500 pesos
Pneumonia for Life (Pevnar 13)	1600 pesos
Pneumonia - 5 year	650 pesos
Zostavax (Shingles vaccine)	2,500 pesos
Hepatitis A & B series	1,200 pesos each shot (est.)
Typhoid	700 pesos

Blood Pressure Check: 10:00 – 1:30 free

Glucose Screening: 10:00 – 1:30 free

*Note: eat a high carbohydrate meal 2 hours before testing, or fast (preferred by nurses).

Hearing Services: 10:00 – 1:30

hearing screenings - NO hearing aid repairs free

*Sign-up sheet in office for those interested in purchasing hearing aids 20% discount on hearing aid orders that day

Medication / Supplement Consult: 10:00–1:30 free

How to Die in Mexico: 12:30, Sala free

By Cynthia Guzman, Funeraria San Francisco

All Health Day services are open to the public:

No membership required.

Update on 2017 Annual Giving

We want to thank everyone who participated in the 2017 Annual Giving drive. We essentially met our goal of \$200,000 MXN by receiving, \$195,794.27. Actually a few donations came in that would have taken us well over the top at the beginning of January, but we have to enter those into the 2018 Annual Giving drive.

Donations to our Annual Giving fund help support LCS and all of its functions. When you consider everything that LCS does for its members and this community you will quickly realize that we do it on a shoe string budget, and membership dues alone are not enough!

Once again, thank you in believing in the LCS mission and the confidence that you have in LCS!



LCS is Closed February 5 Constitution Day

Introduction to Spanish

This casual class for the beginner covers the Spanish alphabet, simple vocabulary, phrases useful about town, and information about Lakeside and Mexican culture.

Two sessions in February for three weeks each session, The first session begins Tuesday, February 6, from 12 until 1:30 p.m. in the Gazebo, the second session runs from 2 to 3:30 p.m. in the Ken Gosh Pavilion. Tuition is \$220 pesos.

Warren Hardy Spanish Classes

Next term runs March 5th thru April 30th

The Mexican National Chili Cook Off Needs You!

With the 40th Anniversary of the Chili Cook Off happening February 23, 24, and 25, 2018, it's time to get organized. The MNCCO is Lakeside's biggest annual charity event and raises money to support 8 different Lakeside charities.

We need volunteers to put up posters now, and install signage at the event before the opening day. Helpers are also needed to work with admissions, volunteer check-in, raffle ticket and food ticket sales, and at the souvenir and T-shirt booth.

Most important, contestants are needed for the Chili, Salsa, and Margarita contests, as well as judges. Volunteers can work various times during the three days and get free admission on the days they volunteer.

Call Volunteer Coordinator Sandra Nichol at 765-6329 funnyfacenichol@hotmail.com or Contest Coordinator Carol Bouchard at 766-3167 jacqueandcarol@hotmail.com .

Up Coming Bus Trips

Thursday, February 8 Guadalajara Zoo

Cost is \$540 pesos for members and \$640 pesos non-members which includes bus transportation, admission plus train ride, safari, and aquatic show. Cable car ride is extra at \$50 pesos. Bring bottled water and a light bag lunch. There will be food and drink available for purchase inside the park also. Tickets on sale at LCS service desk. The bus will leave from the sculpture in La Foresta promptly at 9:30am. We will depart the zoo promptly at 3:30 pm.



Wednesday, February 21 Tonalá and Tlaquepaque


Shop colorful Tonalá for home decor and handicrafts. In Tlaquepaque find upscale retailers and fine dining in an historic, architecturally significant, pedestrian-only zone. Cost \$370 pesos for members and \$470 pesos for non-members. Bus departs promptly at 9 a.m. from the sculpture in La Floresta.

Thursday, March 1 Costco and Home Depot Lopez Mateos

Shop Home Depot for home and garden needs, then on to Costco and Mega. Cost is \$370 pesos for members and \$470 for non-members. Meet at the sculpture in La Floresta; bus departs promptly at 9:30 a.m.

Follow Us on Facebook



For all things LCS, you can like us at www.facebook.com/lakechapasociety. If you want to keep up with LCS events, just click the  Follow button on our Facebook page..

Prueba México Series Continues Buying & Brewing Great Coffee

Instructor Kevin Knox is a 28-year veteran of the specialty coffee industry and author of the highly-regarded book: *Coffee Basics*. You'll learn about Mexico's coffee growing regions and get an overview of the best coffees available. Learn the best home brewing methods, tips on improving the quality of your coffee, taking into account our altitude, water and limited brewing and grinding equipment available here. There'll be plenty of time for questions!



The course fee is \$150 pesos. Class will be held March 7, from 10 to 12 p.m. on the South Campus. Min/max students required: 15/20. (Must be 15 years old or older)

Enrollment is from January 29 to March 2 from 10 a.m. to 2 p.m. in the LCS Service Office. Open to LCS members only. Membership must be current. No refunds.

Let's Get Festive with Papel Picado



Papel picado, is an ornamental Mexican handicraft traditionally made with cut silk paper to decorate festivals such as the Independence Day or Guadalupe's Day, and especially the Day of the Dead celebrations.

Using special paper and tools - "ferritos" and hammer, learn to make the intricate symmetrical designs. Instructor Sara Ulloa is a very well-known local papel picado maker.

Course Fee is \$340 pesos. Registration begins January 29 from 10 a.m. to 2 p.m. in the LCS Office and ends March 2. Classes run March 7 and 9, from 1:30 to 4:30 p.m. and will be held in South Campus Board Room. Min/max students required: 15/20 (Must be 15 years old or older). Open to LCS members only. Membership must be current. No refunds

THE LAKE CHAPALA SOCIETY, A. C. - ANNUAL GENERAL MEETING

TUESDAY, MARCH 13, 2018 - 10:00 a.m. LCS Courtyard

RAIN DATE March 15, 2018

Order of the Day

1. Call to Order
2. Establishment of Quorum
3. Reading of Order of the Day
4. Receipt of Minutes Annual General Meeting Minutes of the March 8, 2017
5. President's Report
6. Ratification of 2017 Financial Report
7. Receipt of the 2018 Budget Projections
8. Receive Report from External Financial Auditor for 2017 & Ratification of Appointment for the 2018 Financial Audit
9. Ratification of Membership Categories & Dues
10. Ratification of Reserve Fund Deposit
11. Report on Annual Objectives & Presentation of Draft Campus Master Plan
12. Election of Board Officers & Directors-at-Large
13. Granting Power of Attorney
14. Annual General Meeting authorization for the Board of Directors to approve the 2018 AGM Minutes
15. Adjournment

February Activities

*Open to the Public ** US Citizens (S) Sign in (C) Member card

Health Insurance *

IMSS & Immigration Services	Mon+Tues 10-1
Lakeside Insurance Broker	Tues+Thur 11-2
San Javier Hospital	last Fri 10-12

Health and Legal Services *

Becerra & Galindo Services	Thurs 10:30-12:30
Blood Pressure	Mon+Fri 10-12
Glucose Screening	1st Tue 10-2
Hearing Aid Services (S)	Mon+2nd and 4th Sat 11-4
Ministerio Publico	Wed Feb 21+28 10-2
My Guardian Angel	Tues 10-12:30
Optometrist Claravision (S)	Thur 9-3
Skin Cancer Screening (S)	2nd + 4th Wed 10-12
US Consulate** (S)	2nd Wed Feb 14 10:30 Sign up 10

Lessons(C)

Chair Yoga	Fri 2-3
Children's Art	Sat 10-12*
Children's Chess Club	Sat 12-1
Children's English Class	Sat 9:30-10:30
Clases de Bordado Artístico	Mon 3-6, Wed & Fri 4-6
Exercise	Mon+Wed+Fri 9-10
Exploring Spanish	Wed 12-1:30 Sat 11-12:30
Fitness Thru Yoga	Mon 2-3:
Help with Tech Issues (S) by email only	Feb 1+22 10-11:30
Intermediate Hatha Yoga	Tues+Thur 2-3:30
Introduction to Lakeside (S)	2nd Thurs 9-1
Introduction To Spanish (S)	Tues 12-1:30, 2-3:30 cost
Line Dancing	Tues+Thurs 10-11:15
PEP & Prueba Mexico Series (S)	cost-check office for details
Photography Club	1st Mon 12-2
Scottish Country Dancing	Thurs 11:30-1
Stretch and Balance Exercise	Tues+Thurs 8:45--9:45
Tai Chi Chih	Fri 10-12
Tech Help Desk	Thurs 12-2
Warren Hardy Spanish Classes (S)	Mon-Sat check office
Write-to-Prompt Writers' Group	Thurs 10-12
Zumba Gold	Wed 10-11

Libraries

Audio	Thur 10-12
Book & Video	Mon-Sat 10-2
Library of Congress Books*/ Talking Books	Thurs 10-12
Wilkes	Mon-Fri 9:30-7, Sat 9:30-1*

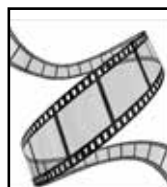
Members Only Social Activities (C)

All Things Tech	Fri 10-11:30
Bridge 4 Fun	Tue+Thurs 1-5
Conversaciones en Español	Mon 10-12
Creativelymindful Art	Wed 11-12:30
Discussion Group A	Wed 11:30-1
Discussion Group B	Wed 12-1:30
Everyday Mindfulness	Mon 10 -12
Film Aficionados	Thurs 2-4:30
Games Group	Mon 1-4
Mah Jongg	Wed 2-4:30
Neill James Lectures	Tues 2-4
Next Chapter Book Group	2nd Thurs 1:30-3
Scrabble	Mon+Fri 11:30-1:30
Spanish/English Conversation	Sat 11-12:30
TED Talk Learning Seminars	Tues 12-1:15
Tournament Scrabble	Tues 12-1:50

Service and Support Groups *

Al-Anon (in Spanish)	Mon 6-7:30, Wed 5:30-7:30
ASA Board Meeting	last Wed 10:30-12
Alzheimer's Caregiver Support	Mon 1:45-2:45
Information Desk	Mon-Sat 10-2
Lake Chapala Painting Guild	2nd Fri 1:30-3:30
Lakeside AA	Mon +Thurs 4:30-5:30
Needle Pushers	Tue 10-12
Open Circle	Sun 10-11:30
Smart Recovery	Mon 2:30-4
Taller Mujeres Prosperidad	Thurs+Fri 5-8 closed group
Toastmasters	Mon 7-8:30 p.m.

Ticket Sales: Monday-Friday 10-12 a.m.*



Video Library February

All video rentals are now for 5 days.

We can copy your old videotapes onto DVD: \$50 pesos for members and \$75 pesos for non-members.

The Video Library needs volunteers to bring DVDs to keep our inventory current.

Contact: keanhombre@prodigy.net.mx.

New Medical Service

Glucose screening the first Tuesday of the month, begins February 6, in the Talking Books Library. 10 a.m. to 12 p.m. Fasting is preferred; diabetics should stay with their usual routine. *Open to the public.*

Need Help With Tech Issues?

The Tech Help Desk will be open for individual consultations on a first come, first served, basis to LCS members only on the Neill James Patio every Thursday from noon to 2 pm. No registration required.

Introduction to Android

Applies to phones and tablets. In the Sala Thursday, February 1, 10 to 11:30 am. Open to LCS members only. Register via email to lcs.tech.training@gmail.com with your name, LCS member ID, and class title.

Cell Phone Hints and Tips

In the Sala on Thursday, February 22 from 10 to 11:30 am. Register by email only at lcs.tech.training@gmail.com with your name and LCS member ID and the name of the class.

Neill James Lecture Series

LCS Sala, 2 p.m., Tuesdays

FEB 6 - Phil Rylett, "What is illness and How do we Cure It?"

We all will suffer some illness in our lives, but what exactly is it? How do we know when we are ill? We will take a look at illness, its perception over history and how we view it today. We will also look at the many options we have to deal with illness and how successful these options are.

BIO: Phil Rylett received his degree in pharmacology, followed by a 10 year stint as a nurse. He ended up in Public Health in a nationwide cancer detection program.

FEB 13 - NO LECTURE

FEB 20 - Patrick Neary "The Paradox of Intelligence"

The world of Intelligence, has been rightly called a "house of mirrors" where truth is hidden in lies, and friends, enemies, and "frenemies" coexist. In this discussion we'll examine these paradoxes by considering several recent historical cases where the truth was out there, but often not believed, while rumor and innuendo ruled the day.

Patrick Neary has advanced degrees in National Security and Strategic Intelligence and spent almost 40 years in the intelligence field, working at the Pentagon, Langley, and Liberty Crossing.

FEB 27 - Karl Homann, "The EU, Brexit and Other Challenges"

Against many odds the EU has succeeded in being today's greatest underwriter of democracy and peaceful coexistence. A lasting peace among its neighbor states was the primary purpose for the creation of a United Europe, not economic prosperity. Based on the common foundation of a commitment to democratic values, the rule of law, respect for human dignity, and rapid economic development, the EU flourishes despite its challenges.

BIO: Karl Homann majored in linguistics and English literature at the universities of Munich, Germany and Alberta, Canada. His interest in the European Union is rooted in his birth in Germany during World War II. His last visit to the European Union took place in May and June 2017.

TED Talks

Tuesdays In the Sala 12 noon to 1:15 p.m. Members only. Bring your card.

February 6 "Battling Bad Science" Host Phil Rylett, features Ben Goldacre: Every day there are news reports of new health advice, but how can you know if they're right? Doctor and epidemiologist Ben Goldacre shows us, at high speed, the ways evidence can be distorted, from the blindingly obvious nutrition claims to the very subtle tricks of the pharmaceutical industry.

February 13 *No learning seminar.*

February 20 "Who Are You, Really? The Puzzle of Personality." Hosted by Gary Thompson, features Canadian psychology professor Brian Little, who has taught at McGill, Oxford, Harvard and Cambridge universities. His book, "Me Myself, and Us", explores how our personality traits work to shape our lives. A self-proclaimed introvert, he compares introverts to extroverts and shows that we can perform against our personal traits to accomplish our goals in this very humorous presentation. He has been described as a cross between Robin Williams and Einstein. He was elected Favorite Professor by three consecutive Harvard graduating classes.

February 27 "Lessons from the Longest Study in Human Development" Hosted by Clive Overton, features science journalist Helen Pearson. For the past 70 years, scientists in Britain have been studying thousands of children through their lives to find out why some end up happy and healthy while others struggle. The longest-running study of human development in the world has produced some of the best-studied people on the planet while changing the way we live, learn and parent. Reviewing this remarkable research, science journalist Helen Pearson shares some important findings and simple truths about life and good parenting.

In Memoriam

Bud Gallagher - Former member of the Audit and Advisory Committee, and the Campus Committee Task Group, as well as a regular volunteer at the LCS Information Booth. Bud was also involved in other charities Lakeside. LCS is particularly thankful for his driving force in modernizing our information booth, gather statistics and developing a digital platform for sharing information. A loyal member for many years, LCS will miss him!



Thursday Film Aficionados

Open to LCS members only. Bring your card. All films shown in the Sala from 2 to 4 p.m. No food. No pets.

February 1 *A Fantastic Woman* 2017 Chile
Una Mujer Fantastica is the story of a resilient woman refusing to live her life according to the demands of others. A timely film, but it is its timelessness, as well as its depth of compassion, that make this a great film worthy of an Academy Award nomination. (99 minutes)

February 8 *Lady Bird* 2017 USA

Lady Bird, an artistically-inclined 17 year-old comes of age in Sacramento, California. She's not perfect, but this sure-fire Academy Award nominee is as close to perfection as a film can be. (89 minutes)

Feb. 15 *Three Billboards Outside Ebbing, Missouri* 2017 USA
A mother personally challenges the local authorities to solve her daughter's murder after years of failed investigation. Academy Award nominations in multiple categories are a sure bet. (111 minutes)

February 22 *To be announced*

The title of this film will be announced by email several days in advance of its showing. Something to do with an Oscar?

Costco returns February 22. in the Blue Umbrella Patio

Friday Night Family Films

Spanish language films for the whole family are shown every Friday evening at 7 p.m. at the Wilkes Education Center: *Biblioteca Publica de Ajijic* at Galeana #18. Free and open to the public. Bring the family.

February 2 *Coco*.

February 9 *Shrek 4*

February 16 *El Portero* starring Cantinflas.

February 23 *Un Holograma Para El Rey* with Tom Hanks.

In Memoriam

Richard Warmowski - A dedicated artist and volunteer for the Children's Art program for over two decades. Richard and his wife Arlene, became LCS life members in 2014. He helped Mildred Boyd reinvigorate the art program, and played a key role in making it the success it is today. He enjoyed his time with the children, and always felt that he received more from the kids than he gave. Richard was also a member of ASA. A celebration of life will be held in late February.



THE LAKE CHAPALA SOCIETY, A.C.

16 de Septiembre #16-A, Ajijic, Jalisco LCS Main Office: (376) 766-1140

Office, information and other services - Monday-Saturday, 10:00 a.m. to 2:00 p.m. Grounds open until 5:00 p.m.

LCS BOARD OF DIRECTORS

President - Ben White (2018); Vice-President - George Radford (2019); Treasurer - Michael Searles (2019); Secretary - Carole Wolff (2018); Directors: Dee Dee Camhi (2019); Nicolas Hanson (2019); Cate Howell (2018); Philip Newbold (2018); Philip Rylett (2018); Roberto Serrano (2019) Janis Sirany (2019)

Immediate Past President: Howard Feldstein. * Executive Director - Terry Vidal

The LCS Newsletter is published monthly. Deadline for submissions is the 17th of the month preceding publication.

Submit all news items to lcsnewsletter2016@gmail.com

Note: The editorial staff reserves the right to edit all submissions according to time, space availability and editorial decision.